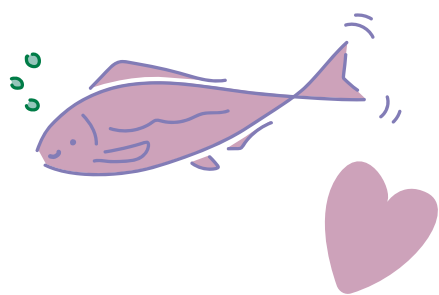


New dish of the month!

cajun salmon



Why do we love this?

A colourful twist on salmon, packed with tasty veggies and gently seasoned with smoked paprika, oregano, coriander and a hint of mild chilli. With 2 of a child's 5-a-day and 6.5 plant points, it's a delicious way to introduce little taste buds to new flavours while keeping mealtimes nutritious and exciting.



Salmon is an oily fish and a fantastic source of omega-3 fatty acids, which support healthy vision and brain development in growing children.

